

KENDOCON 2026

KOCHI

04 OCTOBER SUNDAY 2026

GRAND HYATT, KOCHI



PACE
PROFESSIONAL ASSOCIATION OF CLINICAL ENDOCRINOLOGIST

CENDOS
Central Kerala Endocrine Society

3 CME
credit hours

REGISTER HERE

kendocon2026@gmail.com +91 96330 86079 www.endocrinesocietykerala.com

KENDOCON 2026

4 OCTOBER 2026 | GRAND HYATT KOCHI

The **Professional Association of Clinical Endocrinologist (PACE)** is delighted to announce the upcoming edition of its flagship annual conference, KENDOCON 2026, to be held on **4 October 2026** at **Grand Hyatt Kochi**. PACE is committed to advancing the knowledge and practice of Endocrinology, Diabetes, and Metabolism among clinicians, with the ultimate goal of improving patient care and clinical outcomes. **KENDOCON 2026** will bring together renowned national and international experts in endocrinology, diabetes, and metabolism on a single platform to discuss current clinical practices, emerging research, technological innovations, and future directions in the specialty. Designed as a dynamic forum for scientific exchange and collaboration, the conference promises an enriching experience for clinicians, researchers, and industry partners alike.

The conference also presents an excellent opportunity for industry partners to showcase their products, innovations, and research initiatives to a highly engaged audience of physicians and endocrinologists. Through sponsorship and partnership, organisations can benefit from enhanced brand visibility, meaningful scientific engagement, and valuable networking opportunities with leading healthcare professionals and key opinion leaders.

We look forward to your support and participation in making **KENDOCON 2026** a resounding success.

PACE
PROFESSIONAL ASSOCIATION OF CLINICAL ENDOCRINOLOGIST

CENDOS
Central Kerala Endocrine Society

KENDOCON 2026

4 OCTOBER 2026

GRAND HYATT KOCHI

PACE
PROFESSIONAL ASSOCIATION OF
CLINICAL ENDOCRINOLOGIST

PRESIDENT

Dr Nisha Bhavani

SECRETARY

Dr Jayaprakash P

TREASURER

Dr Tittu Oommen

EXECUTIVE COMMITTEE

Dr Ajish T. P
Dr Anish Ahamed
Dr Niya Narayanan
Dr Prashanth Mappa,
Dr Prathosh Gangadhar
Dr Prem Narayanan
Dr Sreejith Babu U S

KENDOCON 2026
KOCHI

ORGANIZING SECRETARIES

Dr Girish Parthan
Dr James Antony Moolecherry

JOINT CHAIR - SCIENTIFIC

Dr Nandini Prasad
Dr Geena Susan George
Dr Ajeesh T

+91 96330 86079 kendocon2026@gmail.com www.endocrinesocietykerala.com

KENDOCON 2026

4 OCTOBER 2026 | GRAND HYATT KOCHI

INTERNATIONAL FACULTY



Dr Binu P Pillai
Dubai



Dr Joseph M Pappachan
UK



Dr Nisha Surenderanath
Washington



Dr Raji Sreedharan
Texas

NATIONAL FACULTY



Dr A G Unnikrishnan
Pune



Dr Gagan Priya
Mohali



Dr Suresh V
Tirupathi



Dr Thomas V Paul
Vellore



Dr V. Sri Nagesh
Hyderabad

STATE FACULTY

Dr Ajish T. P, Kollam
Dr Aneez Joseph, Kolencherry
Dr Anish Ahamed, Perinthalmanna
Dr Antresa Jose, Kottayam
Dr Anulekha Mary John, Tiruvalla
Dr Aromal Chekavar S, Kollam
Dr Ashwin Padmanabhan, Thiruvalla
Dr Don David, Kochi
Dr Girish Parthan, Kochi
Dr Gokul M S, Thrissur
Dr Govindan Unni, Thrissur
Dr Jan Ahmed, Kollam
Dr Jayakrishnan C Menon, Thrissur
Dr Jayaprakash P, Kochi
Dr Jeevan Joseph, Kottayam
Dr Jino Joy, Kochi
Dr Jinson Paul, Perinthalmanna
Dr Johns T Johnson, Kottayam
Dr Karthik Subramaniam, Kochi
Dr Karthik V, Thiruvananthapuram
Dr Lekshmi Sudhakaran, Thiruvananthapuram
Dr Manju P. George, Kochi
Dr Manoj Ayyapath, Kochi
Dr Mathew John, Thiruvananthapuram
Dr Mini G Pillai, Kochi
Dr Mohan T Shenoy, Thiruvananthapuram
Dr Naseer Ali, Calicut
Dr Navya Mary Kurian, Kochi
Dr Nigil Abdul Jalal, Kochi
Dr Nisha Bhavani, Kochi
Dr P K Jabbar, Thiruvananthapuram
Dr Prathosh Gangadhar, Calicut
Dr Praveen V. P, Kochi
Dr Reshma M, Thiruvananthapuram
Dr Roy J Mukkada, Kochi
Dr Sankar V. H, Thiruvananthapuram
Dr Soumya S, Thiruvananthapuram
Dr Sreenath R, Kottayam
Dr Sumayya Abdul Kalam, Kochi
Dr Tittu Oommen, Thiruvananthapuram
Dr Tom Babu, Kochi
Dr Usha Menon, Kochi
Dr Vipin V. P, Kochi
Dr Zachariah P. S, Kochi

4 OCTOBER 2026 SUNDAY
GRAND HYATT KOCHI

KENDOCON 2026
KOCHI

CALL FOR ABSTRACTS

Oral Paper & Poster Presentation Competition

LAST DATE FOR SUBMISSION - 30 SEPTEMBER 2026

FOUR COMPETITION CATEGORIES

- Category - A
  DM / DrNB residents in Endocrinology
- Category - B
  MD / DNB residents in Internal Medicine
- Category - C
  MD / DNB residents in all other specialties
- Category - D
  MBBS students

ATTRACTIVE CASH PRIZES IN EVERY CATEGORY

ABSTRACT GUIDELINES

- Structured abstract with background, methods, results and conclusion
- Maximum word count of 350
- Case reports relevant to Endocrinology, Diabetes Mellitus and Metabolism will also be considered
- Mobile number and email ID of the presenting author must be mentioned
- Abstracts must be sent as an attachment; CME registration is mandatory for all presenters

PACE
PROFESSIONAL ASSOCIATION OF CLINICAL ENDOCRINOLOGIST

REGISTER HERE

kendocon2026@gmail.com

SUBJECT LINE
CONFERENCE ABSTRACT

Postgraduates from all institutes are warmly encouraged to participate.

ORGANISING SECRETARIES
Dr Girish Parthan • Dr James Antony Moolecherry

KENDOCON 2026
KOCHI

4 OCTOBER 2026 SUNDAY
GRAND HYATT KOCHI

QUIZ

DECODING HORMONES

Calling all MD / DNB Post Graduate Medical Students..

Join us for an exciting quiz on 4th October, designed to challenge your clinical acumen, sharpen critical thinking and celebrate academic excellence in Endocrinology.

QUIZ MASTERS



Dr Karthik V



Dr. Antresa Jose

- Single round with audiovisual, Single- or multiple-choice questions
- Theme - Endocrinology, Diabetes and Metabolism
- Certificates will be awarded to the winners and participants

1 st Prize	2 nd Prize	3 rd Prize
₹ 10,000	₹ 7,000	₹ 5,000

PACE
PROFESSIONAL ASSOCIATION OF CLINICAL ENDOCRINOLOGIST

REGISTER HERE

PGs interested in participating are requested to contact

Dr Gayathri G - +91 94968 15918

kendocon2026@gmail.com

Postgraduates from all institutes are warmly encouraged to participate.

KENDOCON 2026, 4 OCTOBER SUNDAY , GRAND HYATT KOCHI - Hall A: Banting Hall

TIME	SCIENTIFIC SESSION	
08:00 AM	Registration	
08:55 AM	Welcome Address	
09:00 AM	Artificial Intelligence in Endocrinology: Transforming Everyday Clinical Practice	**Chairperson :** **Dr Sony Joseph, Dr Joe George**
		Moderator : **Dr Prathosh Gangadhar**
09:00 - 09:20	AI in Clinics	Dr Jino Joy
09:20 - 09:40	AI in Everyday Diabetes Decisions	Dr A G Unnikrishnan
09:40 - 10:00	AI in Research and Academics	Dr V. Sri Nagesh
		Chair Person : Dr R V Jayakumar **Dr Ashish T, Dr Vishnu Vasudevan**
10:00 AM	Graves' Disease in 2026: Is Less Really More? Low-Dose Antithyroid Therapy	Dr Mini G Pillai
10:20 AM	Fit as a fiddle: The science of fitness	Dr Nisha Surenderanath
10:40 AM	Diabetes in CKD & Chronic Liver Disease: What to Start, What to Stop, What to Watch	Dr A G Unnikrishnan
11:00 AM	**INAUGURATION**	
		Chair Person : Dr M V Muraleedharan **Dr Peter George , Dr Maya Venu**
11:10 AM	Vitamin D and Calcium: From Evidence to Everyday Practice	Dr Thomas V Paul
11:30 AM	Lipid Management - Non-Statin Drugs in Dyslipidemia: Where Do They Fit?	Dr Govindan Unni
		Chair Person : **Dr Rajendran U, Dr Sunny P Orathel**
11:50 AM	One Molecule. Multiple Wins. Innovator Semaglutide for T2D	Dr Karthik V
12:10 PM	Solving the MASLD Mosaic – Semaglutide and the New Frontier of of MASLD Therapy	Dr Tom Babu
12:30 PM	From Hunger Signals to Health Outcomes: The Innovator Semaglutide journey	Dr M S Gokul
12:50 PM	Panel Discussion – Fork, Needle, Scope, or Knife? Personalizing Obesity Treatment	**Moderator : Dr Naseer Ali** Dr Manju P. George Dr Roy J Mukkada Dr Manoj Ayyapath
		Chair Person : **Dr N Madhu, Dr Vivek Mathew**
01:20 PM	Finerenone: Redefining Cardiorenal Protection	Dr Zachariah P S
01:40 PM	**LUNCH**	
02:00 PM	Meet the Professor – Endocrine Hypertension: Do not Miss the Curable Causes	Dr P K Jabbar Dr Thomas V Paul
		Chair Person : **Dr Suja Sukumar, Dr Sinju Sankar**
02:30 PM	Simplifying Basal Insulin: The Promise of Once-Weekly Icodec	Dr Jeevan Joseph
	REPRODUCTIVE ENDOCRINOLOGY	
		Chair Person : **Dr Fessy Louis T, Dr Indu B R**
02:50 PM	PCOS to PMOS: What's in a name?	Dr Gagan Priya
03:10 PM	Erectile Dysfunction: From Hormones to the Operating Room – A Duologue	Dr Sumayya Abdul Kalam Dr Nigil Abdul Jalal
		Chair Person : **Dr Bindu Sajith** **Dr Harish Chandran, Dr Cynthia A K,**
03:30 PM	Postmenopausal Osteoporosis for Practising Gynecologists	Dr Karthik Subramaniam
03:50 PM	Menopausal Hormone Therapy: Should we be using more often?	Dr Lekshmi Sudhakaran
		Chair Person : **Dr Thomas Aliyattukudy, Dr Zareena Khalid**
04:10 PM	ATA 2025/26 Guidelines on Thyroid Disorders in Pregnancy: What Has Changed?	Dr Jan Ahmed
04:30 PM	From Base to Peak: Approaching the obesity mountain with tirzepatide	Dr Girish Parthan
04:50 PM	Audience quiz	Dr Don David

KENDOCON 2026, 4 OCTOBER SUNDAY, GRAND HYATT KOCHI - Hall B: Albright Hall

TIME	SCIENTIFIC SESSION	
08:00 AM	Registration	
08:55 AM	Welcome Address	
09:00 AM	Insulin Therapy and Monitoring: From Fundamentals to Precision Care	**Chair Person :** **Dr Abraham P George** **Dr Thushanth Thomas**
		Moderator : **Dr Sreenath R**
09:00 - 09:20	Outpatient Management	Dr Jinson Paul
09:20 - 09:40	Inpatient Management	Dr Navya Mary Kurian
09:40 - 10:00	Medtronic Symposium: Democratising Glycemic Outcomes in People with Diabetes	Dr Anish Ahamed
		Chair Person : Dr Sasikumar V **Dr Deepu George** **Dr George Koshy T**
10:00 AM	Thyroid and Nutrition: Separating Facts from Fiction	Dr Anulekha Mary John Dr Aneez Joseph
10:20 AM	Adrenal Insufficiency: From Suspicion to Successful Management	Dr Suresh V
10:40 AM	Beyond Diabetes: Unraveling the Causes of Hypoglycemia	Dr Mathew John
11:00 AM	**INAUGURATION**	
		Chair Person : Dr Harish Kumar, **Dr George Paulose, Dr Prem Narayanan**
11:10 AM	Hyponatremia Made Simple: A Bedside Approach	Dr Gagan Priya
11:30 AM	MASLD: A Diabetes Perspective	Dr Joseph M Pappachan
11:50 AM	Preventive Diabetic Foot Care: The Physician's Responsibility	Dr Usha Menon
12:10 PM	Thyroid Nodule Interactive Board: Real-Life Cases	**Moderator : Dr Ajish T P** Dr Ashwin Padmanabhan Dr Aromal Chekavar S
		Chair Person : **Dr Deepa KH, Dr Annie Pulikkal**
12:35 PM	Muscle as metabolic organ: Preserving muscle mass	Dr Binu P Pillai
12:55 PM	Obesity as a chronic disease: Beyond the BMI paradigm	Dr Tittu Oommen
01:10 PM	The Incretin advances: From Mono-Agonism to Dual Agonism in the the Treatment of Obesity – Clinical Implications	Dr Jayakrishnan C. Menon
01: 25 PM	Panel discussion and Q&A	Dr Jayaprakash P
01:40 PM	**LUNCH**	
	PEDIATRIC ENDOCRINOLOGY	
02:00 PM	Meet the Professor: Managing Youth-Onset Diabetes	Dr Suresh V Dr Praveen V. P
		Chair Person : **Dr Vijayakumar M, Dr Johny V Francis**
02:30 PM	Renal Tubular Acidosis: : Crack the Code of Metabolic Acidosis	Dr Raji Sreedharan
02:50 PM	Weekly Growth Hormone: Somatrogon in Pediatric Growth Hormone Deficiency – Clinical Evidence and Recent Updates	Dr Vipin V. P
		Chair Person : **Dr Suresh S Vadakedom, Dr Sunu John**
03:10 PM	Genetics in Pediatric Endocrinology: When and What to Test	Dr Sankar V. H
03:30 PM	Congenital Hypothyroidism: From Infancy to Adolescence	Dr V. Sri Nagesh
		Chair Person : **Dr Rani Basheer, Dr C Jayakumar**
03:50 PM	Debate: Early Puberty in Girls: Early Intervention or Careful Observation?	**Moderator : Dr Nisha Bhavani** **For** : Dr Soumya S **Against** : Dr Reshma M
04:10 PM	Early Adiposity, Lifelong Risk: An Endocrine Approach to Childhood Obesity	Dr Mohan T Shenoy
		Chair Person : **Dr Rahul Valsaraj, Dr James Antony**
04:30 PM	Inhale the change: a paradigm shift in Prandial Insulin Delivery	Dr Jeevan Joseph
04:50 PM	Audience Quiz	Dr Johns T Johnson

Hall C: Rosalyn Yalow Hall

Oral and Poster Presentations

Quiz for Postgraduates - Dr Karthik V and Dr Antresa Jose

Program Highlights

Clinical Workshops • Meet the Professor • Panel Discussions • Clinical Debates • International Faculty • Case-Based Learning • AI in Endocrinology • Latest Guidelines

COMMITTEES

PATRONS

Dr R.V Jayakumar
Dr P K Jabbar
Dr M. V Muraleedharan
Dr B. Jayakumar
Dr P Abdul Majeed
Dr Vasantha Nair
Dr Sasikumar.V

CORE COMMITTEE

Dr Nisha Bhavani
Dr Girish P
Dr Geena Susan George
Dr Jayaprakash P
Dr Tittu Oommen
Dr Ajeesh T
Dr James Antony
Dr Rahul Valsaraj
Dr Nandini Prasad

SCIENTIFIC COMMITTEE

Dr Nisha Bhavani
Dr Vimal M. V
Dr Rahul Valsaraj
Dr Ajeesh T
Dr Nandini Prasad
Dr Geena Susan George
Dr Sreejith Babu U S

ABSTRACT COMMITTEE

Dr Gayathri G
Dr Rahul Valsaraj
Dr Karthik Subramaniam
Dr Navya Mary Kurian
Dr Aneez Joseph

SOUVENIR COMMITTEE

Dr Jayaprakash P
Dr Nibu Dominic
Dr Ajeesh T
Dr Rahul Valsaraj
Dr Sreenath R
Dr Mini G Pillai
Dr Suja Sukumar

RECEPTION COMMITTEE

Dr Vivek Mathew
Dr Zachariah P S
Dr Indu Mathew
Dr Sinju Sankar
Dr Annie Pulickal
Dr Gokul M. S
Dr Don David
Dr George Koshy

PROMOTIONS

Dr Mohan T. Shenoy
Dr Nibu Dominic
Dr Vipin V. P
Dr Nithya Abraham
Dr Riyaz R
Dr Ajeesh T
Dr Jeevan Joseph
Dr Prem Narayanan

KENDOCON 2026

4 OCTOBER 2026 | GRAND HYATT KOCHI

OUR CORPORATE SPONSORS

Cipla

novo nordisk®

Lilly

TORRENT PHARMA

Eris

USV

SUN PHARMA

LUPIN

Mankind Specialities

sanofi

Medtronic

La Renon

glenmark
A new way for a new world

MICRO LABS

INTAS

Emcure

SERVIER
moved by you

MACLEODS

Abbott

GSK

Pfizer

zydus
Dedicated To Life

BAYER

eysys
Eyes on life
PHARMACEUTICAL PVT.LTD.

Boehringer Ingelheim

Dr.Reddy's

AstraZeneca

ALKEM

Dr.Reddy's Nestlé HealthScience

Unilever
HEALTH SCIENCE

KENDOCON 2026

4 OCTOBER 2026 | GRAND HYATT KOCHI

EVENT PARTNERS

EventGurus.net
Event Gurus
The Smart Platform for the Event Organizer

FORTEX TRAVEL

GRAND HYATT
KOCHI BOLGATTY

KALA Creativo
colour your thoughts

team creative events

COORDINATORS

Chief Coordinator : Ben Johnson
Event Coordinator : Manju A. P

CONFERENCE SECRETARIAT

REGISTER HERE

Providence Endocrine and Diabetes Specialty Centre,
Prasanth Nagar, Ulloor, Thiruvananthapuram - 695011
N 9633 08 60 79 kendocon2026@gmail.com www.endocrinesocietykerala.com