



KENDOCON 2025
THIRUVANANTHAPURAM

AUGUST 10
SUNDAY

Hyatt Regency, Trivandrum

2 CME
credit hours

Free online
registration closes at
5:00 PM on
August 8, 2025

Spot registration on
August 10: INR 2000



Scan code for
registration

or

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PACE
PROFESSIONAL ASSOCIATION OF
CLINICAL ENDOCRINOLOGIST

 **Travancore
Endocrine
Associates**

Dear Colleagues,

We are delighted to invite you to KENDOCON 2025, the annual meeting of PACE, scheduled to be held on August 10, 2025, at the Hyatt Regency, Trivandrum.

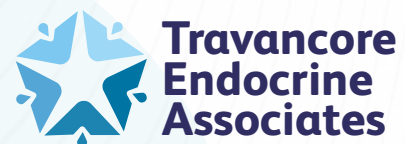
KENDOCON is a unique academic event featuring debates, plenaries, duologues, and panel discussions that promise to be both practical and interactive. The scientific program will focus on clinically relevant topics such as insulin therapy, electrolyte imbalances, obesity, and continuous glucose monitoring, curated especially for practicing physicians, gynaecologists, and general practitioners.

This year's faculty includes nationally acclaimed endocrinologists, who will bring their rich clinical experience and insights to the sessions. The format is designed to encourage active participation, discussion, and real-world learning.

Importantly, KENDOCON 2025 will also serve as a valuable platform for interaction and networking among peers, fostering professional connections and collaborations.

This is the first time KENDOCON is being hosted in Trivandrum, and we look forward to welcoming you to this engaging academic gathering.

Warm regards,
Organising Committee
KENDOCON 2025



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Dr. Thushanth Thomas

Scientific Chairperson
Dr. Nisha Bhavani

President
Prof. M.V Muraleedharan

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Dr. Anish Ahamed

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Dr. Thushanth Thomas

President
Prof. P. K. Jabbar

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Dr. Aravind Prasad, St. Thomas Hospital, Kottayam

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Dr. Jayaprakash P, Medical Trust Hospital, Kochi

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Dr. Kingini Bhadrn, Aster Hospital, Dubai

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Dr. Sreenath R, Carithas Hospital, Kottayam

Dr. Jayakrishnan C Menon, Jubilee Mission Medical College and Research Institute, Thrissur

Dr. Antresa Jose, St Gregorious Medical Mission Hospital, Parumala

Dr. Ajeesh T, Carithas Hospital, Kottayam

Dr. Zacharia P.S, Rajagiri Hospital, Kochi

Dr. Subin S, Aster MIMS, Calicut

Dr. Rameez Roshan, IQRAA Hospital, Calicut

Dr. Arun Sasikumar, Swasti PET/CT Imaging & Nuclear Medicine, Trivandrum

Dr. Rahul Valsaraj, Lakeshore Hospital, Kochi

Dr. Sandra Mosses, Muthoot Hospital, Kozhenchery

Dr. Amal Dev, Pushpagiri MCH, Thiruvalla

Dr. Girish P, Renai Medicity, Kochi

Dr. Lekshmi C.P, The Gastro Centre, Trivandrum

Dr. Lavanya Bonny, St Gregorious Medical Mission Hospital, Parumala

Dr. Karthik Vijayakumar, SP Medifort, Trivandrum



Highlights of **KENDOCON 2025**

- **CGMS and Insulin Pump Workshop**

Practical insights into the latest in continuous glucose monitoring and Insulin Pump.

- **Obesity Symposium**

Exploring innovations in diagnosis and treatment.

- **MASLD Duologue**

Multidisciplinary perspective on MASLD

- **Debates**

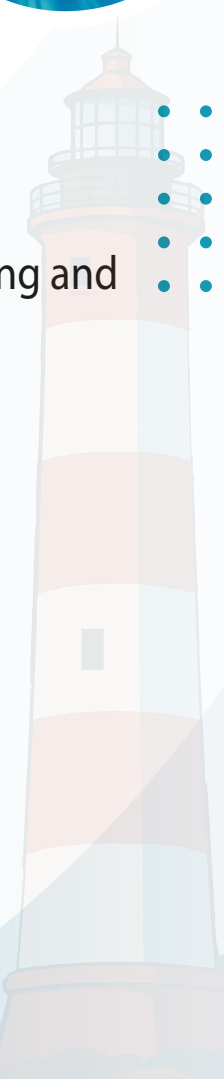
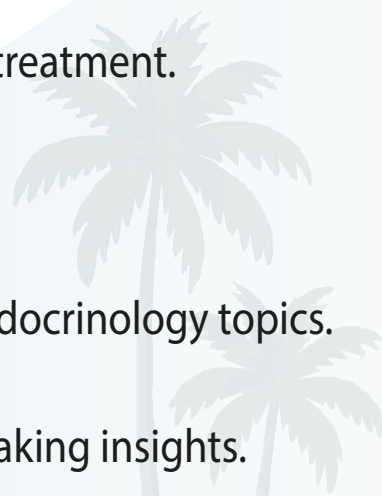
Dynamic discussions on contentious endocrinology topics.

- **Clinically Oriented Talks**

Expert-led case reviews and decision-making insights.

- **Free Paper Presentations**

Research showcase for trainees, fellows, and consultants.





PROGRAM SCHEDULE

AUGUST 10, 2025 | SUNDAY

Hyatt Regency, Trivandrum

	MARTHANDA VARMA HALL	
08:00AM-09:00AM	REGISTRATION	CHAIRPERSON
	Workshop-CGMS & Insulin Pump	Joe George
09:00 AM-10:00 AM	Continuous Glucose Monitoring : Case Studies	Arjun. R, Kannur
	Insulin Pump : Case Studies	Anish Ahamed, Perinthalmanna
	Need for Automation in Insulin Delivery	Anish Ahamed, Perinthalmanna
	Conversations on MASLD	K. T Shenoy, Sunil K Menon
10:00 AM-10:40 AM	Navigating the New Landscape of Diabetic Liver Disease : A Multi Disciplinary Perspective	Lakshmi C.P, Trivandrum Prathosh Gangadhar, Calicut
10:40 AM-11:00 AM	SURMOUNT-Ing Obesity with Tirzepatide with SM5	Karthik Vijayakumar, Trivandrum
11:00 AM-11:10 AM	INAUGURATION	
	Obesity Symposium	P. K Jabbar, Benny P. V, B. Jayakumar
11:10 AM-12:00 PM	Classification and Diagnostic Criteria for Obesity - Whats New?	Narendra Kotwal, Haryana
	Diet Prescription in a Busy OPD	Vishnu Radhakrishnan, Perinthalmanna
	Treatment and Follow up in Obesity- Right Candidate for the Right Therapy	Nitin Kapoor, Vellore
	Electrolyte Essentials	S. Bhasi, Srikantan.S
12:00 PM-12:50 PM	Hyponatremia: Tolvaptan is not for all !	M.V Rama Mohan, Nellore
	Endocrine Approach to Hypokalemia	Rameez Roshan, Calicut
	72 Year Old Male in ER with Altered Sensorium and S.Calcium of 13.6mg/dl	Rahul Valsaraj, Kochi
	Insulin Innovations	Wilson A.P, George Koshy
12:50 PM-01:10 PM	Clearing the Air Around Inhaled Insulin	Girish P, Kochi
01:10 PM-01:30 PM	New Generation Insulins : The Leap From Legacy to Innovation	Ganavi Y.P, Bengaluru
01:30 PM-02:00 PM	LUNCH	
	Transforming Outcomes : Advancements in Cardio-Renal Care	Kala S N Jayachandran R
02:00 PM-02:20 PM	Finerenone: A Breakthrough in Heart and Kidney Protection for CKD & T2DM Patients	Prem Narayanan, Palakkad
02:20 PM-02:40 PM	New Era in Persistent CV Risk Reduction	Tiny Nair, Trivandrum
	What Every Physician Should Know	Sukesh R. S, C. Jayakumar Ranjit S Watson
02:40 PM-03:00 PM	Assessment of Cortisol : When & How?	Zacharia P. S, Kochi
03:00 PM-03.20 PM	Treatment of Late-Onset Male Hypogonadism. Risk vs Benefits	Sreenath R, Kottayam
03:20 PM-03:40 PM	The Role of Vitamin D in Disease Prevention for All Age Groups: Current Evidence	Subin S, Calicut
03:40 PM-04:00 PM	Placement of Once a Week DPP-4i in the Management of Type 2 DM	Jayaprakash P, Kochi
	Beyond Guidelines : Two Perspectives	Lekshmi S, Ajith Thomas
04:00 PM-04:30 PM	Sulfonyl Ureas in the Spotlight: Friend or Foe According to ADA	Antresa Jose, Parumala Aravind Prasad, Kottayam
04:30 PM	VALEDICTORY FUNCTION	



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AUGUST 10, 2025 | SUNDAY

Hyatt Regency, Trivandrum

SWATHI THIRUNAL HALL		
08:00AM-09:00AM	REGISTRATION	CHAIRPERSON
Insulin Workshop		James Antony
09:00 AM-10:00 AM	Case Studies in Insulin Initiation and Intensification	Jayakrishnan C.Menon, Thrissur
	Common Mistakes in Insulin Therapy	
	Quest for Improving Postprandial Glucose Control: Role of URLi	Vipin V.P, Kochi
Adolescent Endocrinology		Riaz I, Reshma M
10:00 AM-10:20 AM	18 Year Old Boy with Hypertension	Manjiri Karlekar, Mumbai
10:20 AM-10:40 AM	Type 2 Diabetes in Young- How is it Different?	Beatrice Anne, Hyderabad
10:40 AM-11:00 AM	Weekly Growth Hormone Somatogron in Pediatric Growth Hormone Deficiency Clinical Evidence and Recent Updates	Jayaprakash P, Kochi
11:00 AM-11:10 AM	INAUGURATION - MARTHANDA VARMA HALL	
Hormones and Identity		Indu Mathew, Anulekha Mary John
11:10 AM-11:30 AM	Evaluating Gynecomastia: A Comprehensive Approach	Vimal M.V, Calicut
11:30 AM-11:50 AM	Transgender Care in Primary Practice	Sridhar S, Madurai
		Jeevan Joseph
11:50 AM-12:10 PM	STEPping Up Obesity Care with Semaglutide 2.4mg	Anantharaman R, Bengaluru
12:10 PM-12:30 PM	SELECTing The Outcomes Beyond Weight Loss	R.M Manikandan , Madurai
12:30 PM-12:50 PM	The SOULful Solution: Advancing Cardio-Kidney-Metabolic Health with Oral Semaglutide	Anish Ahamed, Perinthalmanna
Gyne - Endo Crossroads		Anupama R, Sathy M Pillai
12:50 PM-01:10 PM	Managing Elevated TSH During Pregnancy: Evidence-Based Strategies for Optimal Maternal and Fetal Outcomes	Kalpana Dash, Bilaspur
01:10 PM-01:30 PM	Timing Matters: Comparing Early and Conventional Gestational Diabetes Mellitus	Kumaravel V, Madurai
01:30 PM-02:00 PM	LUNCH	
Advancements in Female Endocrine Disorders : From Diagnosis to Targeted Therapies		Anitha M, Bindhu. P, Nimmy. P
02:00 PM-02:20 PM	MHT should we use it more frequently	Ganavi Y. P, Bengaluru
02:20 PM-02:40 PM	Approach to Hirsutism	Kingini Bhadran, Dubai
02:40 PM-03:00 PM	Cabergoline Therapy in Hyperprolactinemia: The Importance of MRI Before Treatment	Raju A. Gopal, Calicut
03:00 PM-03:20 PM	AMH in Reproductive Endocrinology: Physiology, Clinical Applications, and Emerging Insights	Amal Dev, Thiruvalla
When Blood Sugar Deceives		R. Legha, Aruna. R
03:20 PM-03:40 PM	Euglycemic Ketoacidosis - A Clinical Conundrum for Emergency Physicians	Lavanya Bonny, Parumala
03:40 PM-04:00 PM	Beyond the Obvious: Evaluating Hypoglycemia without Diabetes	Ajeesh T, Kottayam
Critical Conversations: The Debate on Best Practices		Athulya L.S, Sinju Sankar
04:00 PM-04:30 PM	Long Term Anti-Thyroid Drugs Vs Radio Active Iodine Abalation in Graves' Disease	Sandra Mosses, Pathanamthitta Arun Sasikumar, Trivandrum
04.30 PM	VALEDICTORY FUNCTION	



RAJA RAVI VARMA HALL

All oral presentations (Category A, B, C and D) will be held in
Raja Ravi Varma Hall from 9:00 AM-1:30 PM

Category- A

- MD / DNB postgraduate students in Paediatrics, Obstetrics and Gynaecology

Category- B

- MD / DNB postgraduate students in all specialties (excluding Paediatrics, Obstetrics and Gynaecology)

Category- C

- DM/MCh/DrNB trainees in Endocrinology

Category- D

- Practising consultants (including consultant endocrinologists)

Attractive Cash Prizes worth
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2025

2nd prize

₹10,000

1st prize

₹ 20,000

3rd prize

₹5,000

Prizes will also be awarded for the best E Poster in each category

CME registration is mandatory for E-poster / Free paper presentation

Free online registration closes at **5:00 PM on August 8, 2025.**

Spot registration on August 10: **INR 2000.**

COMMITTEES

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Prasanth Nagar, Ulloor, Trivandrum - 695011

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